

Common Physical Problems caused by Trapped Emotions

- Acid Reflux
- Allergies
- Abdominal Pain
- Asthma
- Back Pain
- Bell's Palsy
- Cancer
- Carpal Tunnel
- Chest Pain
- Chronic Fatigue
- Crohn's Disease
- Colitis
- Constipation
- Diabetes
- Dyslexia
- Eye Pain
- Fibromyalgia
- Headaches
- Heartburn (GERD)
- Hip Pain
- Hypoglycemia
- Hypothyroid
- Impotency
- Infertility
- Irritable Bowel (IBS)
- Joint Pain
- Knee Pain
- Low Back Pain
- Lupus
- Multiple Sclerosis
- Neck pain
- Parkinson's disease
- Shoulder pain
- Sinus problems
- Tennis Elbow
- Vertigo

Common Emotional Problems caused by Trapped Emotions

- ADD/ ADHD
- Anxiety
- Depression
- Frigidity
- Inability to Achieve Success
- Inability to Find Love
- Inability to Overcome Adversity
- Insomnia
- Isolation
- Learning Disabilities
- Loneliness
- Mental Illnesses
- Night Terrors
- Panic Attacks
- Phobias
- Self-Sabotage
- Suicidal Tendencies

